

TLG early intervention

One coach, one child, one hour a week



Great news!

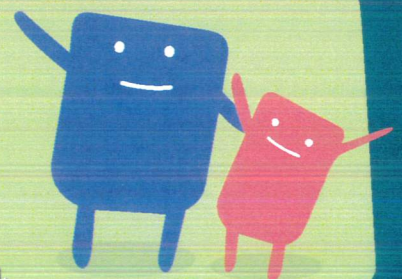
Your school has partnered with

St John's Church

to offer TLG Early Intervention coaching. Your team of trained volunteer coaches will be coming into school each week to work one-to-one with children at

Harborne Primary School

Coaching is underpinned by P.A.C.E; an approach developed by Dan Hughes: a leader in attachment-based therapy for children and families that have experienced all kinds of trauma. The focus on Playfulness, Acceptance, Curiosity and Empathy enables coaches to provide a safe and fun space whilst using targeted resources to support every child with their emotional wellbeing and mental health.



To find out more about Early Intervention or to recommend a child who you think would benefit from this, please chat to your School Key Contact:

The Coaching Hour

The coaching hour is split into 2 parts: it begins with 40 minutes of 'Make Time', followed by 20 minutes of 'My Time'.

Make Time: in the first 40 minutes

The 'Make Time' and 'Make Time 2' projects are designed by qualified teachers to be practical, creative and fun and allow space and opportunity to build friendship and trust with the child you are working with. They are written and designed for use with KS2 (7-11 yr olds) and KS3 (11-14 yr olds) but can easily be adapted by a Coach for use with older or younger children. We recommend that both Coaches and children make something, as working side-by-side is a great way get to know one another in a relaxed and comfortable way.

Each project is broken down into stages and designed to take roughly half a term to complete. Different projects will appeal to different children so we suggest looking through them together and then choosing one. And don't forget to look on Coaching Village – our wonderful website for additional resources—we are regularly adding new ideas and projects!



My Time: in the final 20 minutes

The 'My Time' and 'My Time 2' books have also been developed by professionals in education to help EI Coaches talk through some of the many challenging issues that children and young people face in different situations. These activities are therapeutic and reflective, allowing a child to reflect on different aspects of their week, notice their emotions and behaviours and sometimes set positive/helpful targets for the following week.

These activities encourage connection and reflection which create a safe space based on the coach approach P.A.C.E. developed by the clinical psychologist Dan Hughes; so every session is underpinned by Playfulness, Acceptance, Curiosity and Empathy

A session planning tool is available on Coaching Village.