



NEWSLETTER

29th January 2024

Telephone 0121 464 2705

Note from the Head

Dear Parents and Carers,

Next week we have our termly Parents Evening. Please fill out the letter that has gone out to families so that you can arrange an appointment to see your child's teacher. At Parents Evening please do take a moment to see our 'Friends' and find out what they do when fund raising for the school. Also we will be circulating forms for checking if families may be eligible for Pupil Premium. It is really important to check the eligibility for as many families as possible, as it accesses additional funding for the school. Also, as it is Safer Internet Day on Tuesday 6th February, Mr Wilson will be running safety workshops for families at the Parents Evenings.

Next week is also Children's Mental Health Week, so we have included information for families about that in this week's newsletter.

Kindest regards,

Mr N Whitehouse

Lateness

Can we again please remind parents/carers if your child/ren are late to make sure you bring them to the school office and sign them in on the entry system. We have had cases where parents are dropping their children off outside the front gate at the main site and driving off without signing them in. It is your responsibility as parents/carers to make sure your children are safely delivered and signed in on the entry system if they are late. Thank you for your cooperation in this matter.

Attendance News

Attendance for the week 15th-19th Jan 2024

<u>Year Group</u>	<u>Percentage</u>	<u>Lates</u>
Reception	93.6%	9
Y1	95.4%	11
Y2	95.9%	8
Y3	94.3%	3
Y4	92.9%	8
Y5	95.8%	6
Y6	94.7%	5

Reception Eye Tests

All children in Reception classes at both sites will be having an eye test shortly after February half-term unless parents ring the number on the leaflet (0121 466 3551) to say they do not give consent.

If parents in Year One think their child was not screened last year they can ring to see if they can be tested but this is at the discretion of the Orthoptist team and not something school can arrange.

For further information please see leaflets at the end of this newsletter. Thank you.



ABSENCE DUE TO ILLNESS

Can we please remind all parents/carers that if your child is off school due to illness can you please make sure you phone the school **EVERY MORNING** they are off ill. Our telephone lines are extremely busy in the mornings, therefore if you are leaving a message can you please make sure it is clear with the child's full name, class and reason why they are off ill. 'Not feeling well' isn't enough we need an actual reason why they are not attending school. Thank you.

SNOW POLICY—SCHOOL CLOSURE



In the event of extreme inclement weather, such as when heavy falls of snow develop overnight and continue into the following day or extreme icy conditions occur, parents should take the following advice about the possibility of school closure. Whenever possible, Harborne Primary School will remain open. However, we have to consider the safety of all our children and staff, some of whom travel a great distance into school each day. Should the need arise, in severe weather a decision will be made by 7.30am if the school is to be closed. A text message alert will be sent informing you of school closure. The closure will also be announced on the school website at www.harborneprimary.co.uk. I would ask all parents to check for a text message if heavy snow is falling or has fallen overnight or if there is other extreme weather and there have been school closures announced. Please do not telephone the school before 8.30am. If you do arrive at school, please do not leave your children without confirming that the school is to remain open. Once the school is open we will intend to open until the end of the normal school day at 3.30pm. If heavy snow falls during the day and you are concerned about getting your child home, you are welcome to collect your child earlier. Please do not telephone in these circumstances, just call into school to collect the children. Phone lines do become extremely blocked as you can imagine. Our aim is to open every day but hopefully, this information will give some clarity.



World Thinking Day—Girlguiding



One of the special events within the Girlguiding year is World Thinking Day, which takes place every year on the 22nd of February. World Thinking Day is when Rangers, Guides, Brownies and Rainbows everywhere remember each other and their commitment to Girlguiding, international friendship and understanding.

We are therefore inviting girls who are part of either Rangers, Guides, Brownies or Rainbows, to come in their Girlguiding uniform and be prepared to answer any questions about the organisation, the promise that they have made, what they do and how they help others in their community and around the world.



Achievement Assembly Certificate Winners — w/e 26/01/2024

REC	Zoe	
RGD	Jesleen	Sebastian
ROC	Abigail	Lucas
RDT	Sebastian	Joshua
1M	Marco	Mila
1OQ	Rupert	Vani
1G	Elias	Tsun Kit
1B	Carter	
2P	Laila	Aaiza
2O	Yusuf	Lamah
2OB	Stuti	Zara
2SF	Kanika	Elliot
3PR	Ruo Han	
3S	Onat	Hashim
3E	Isla	
3D	Clara	
4W	Lina	
4GV	Anvay	Isabel
4NB	Wafa	Lilian
4RB	King	
5LM	Juriya	Mira
5BC	Isabelle	
5C	Francesca	
5B	Carmen	
6D	Sophia	
6KP	Matilda	
6J	Siya	



Dates in the Diary

Thurs 1st Feb	Y1—Animal Man visit
Thurs 1st Feb	9.00am — Y6 Young Shakespeare Company (main site)
Fri 2nd Feb	9.20am — Reception-Woodgate Valley Fire Service visit (main site)
Fri 2nd Feb	Y1 (main site) going to Harborne Library
5th–8th Feb	Book Fair
Tues 6th Feb	4.00pm —6.00pm — Parents Evening (both sites)
Thurs 8th Feb	4.00pm—6.00pm — Parents Evening (both sites)
Fri 9th Feb	Last Day Of Term
Mon 19th Feb	School re-opens for all children
19th-21st Feb	Reception Eye Tests (both sites)
Fri 8th Mar	Y1—Fairytale Day
Fri 8th Mar	World Book Day
Mon 11th Mar	9.30am — Annex tour for prospective parents
11th-15th Mar	Y4 Condover Residential Trip

SCHOLASTIC

TRAVELLING BOOKS

FREE BOOKS
FOR YOUR
SCHOOL WHEN
YOU BUY AT
THE BOOK FAIR!

COME

TO the

SUPER AMAZING

BOOK FAIR!

A POP-UP
BOOK-STORE WITH
HUNDREDS OF BOOKS
FROM JUST
£2.99

LAST YEAR, YOUR SUPPORT HELPED TO DONATE
OVER £5.3M BOOKS TO SCHOOLS NATIONWIDE

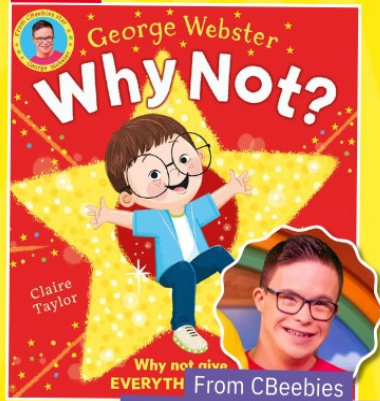
NEW



Save
£3

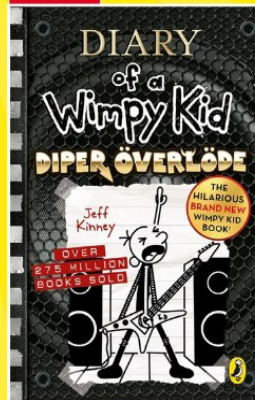
£12.99 ~~£9.99~~

NEW



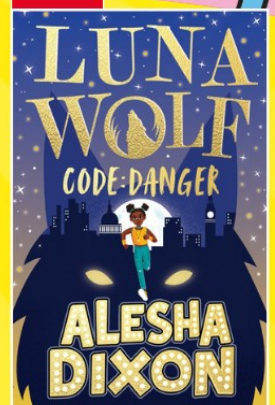
£7.99

NEW



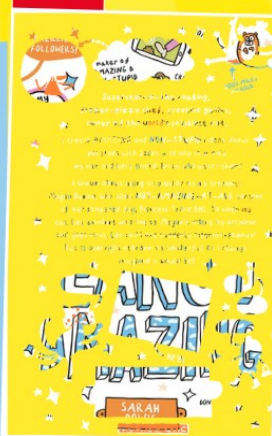
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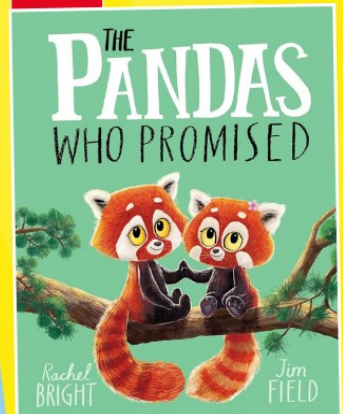
£7.99

NEW



£8.99 ~~£7.99~~

NEW



£7.99

Illustration from Nina Peanut
is Amazing © Sarah Bowie, 2024.

Date:

Monday 5th to Thursday 8th

February, after school at both sites.

Scan the QR code
to pay online!



99

Think measles



Cases are rising...

People who have not been vaccinated with 2 doses of MMR vaccine can get measles.

"Think measles" when treating children, young people and anyone from an under-served community.

Symptoms to look out for:

- Aching and feeling unwell
- High fever
- Rash – sometimes starting behind the ears*
- Sore red eyes
- Cough
- Runny nose



*Images of the rash on different skin tones can be seen using the QR codes.

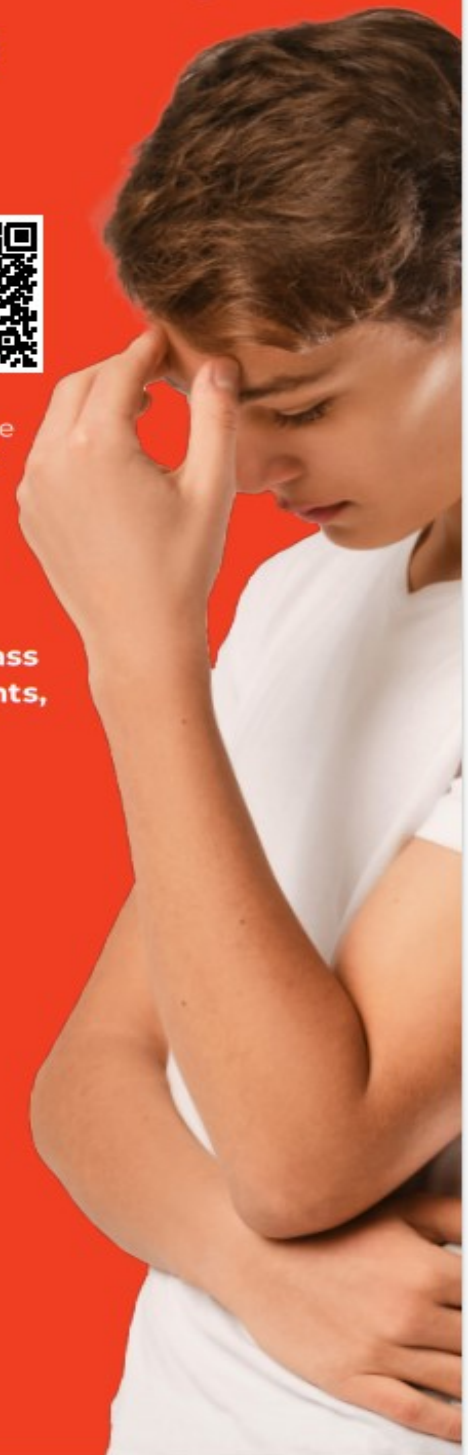
Measles is a serious illness that is highly infectious.
If you suspect measles:

- ensure the patient is in an area where they cannot pass the infection to other vulnerable people such as infants, the immunocompromised and pregnant women.
- immediately notify your local Health Protection Team (HPT)

Remember, the best way of preventing measles is vaccination.

Use every opportunity to check immunisation history and offer MMR to those who haven't had two doses.

For more information go to:
<https://cks.nice.org.uk/topics/measles/>



Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell.

There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK (Link: <https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/chapter-9-managing-specific-infectious-diseases>). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

Other illnesses

Follow this advice for other illnesses:

Coughs and colds

It's fine to send your child to school with a minor cough (Link: www.nhs.uk/conditions/cough/) or common cold (Link: www.nhs.uk/conditions/common-cold/). But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

High temperature

If your child has a high temperature (Link: www.nhs.uk/conditions/fever-in-children/), keep them off school until it goes away.

Chickenpox

If your child has chickenpox (Link: www.nhs.uk/conditions/chickenpox/), keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a cold sore (Link: www.nhs.uk/conditions/cold-sores/).

Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have conjunctivitis (Link: www.nhs.uk/conditions/conjunctivitis/).

Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school.

Your child should try to stay at home and avoid contact with other people if they have symptoms of COVID-19 (Link: www.nhs.uk/conditions/covid-19/covid-19-symptoms-and-what-to-do/) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

What to do if your child has tested positive

Your child is no longer required to do a COVID-19 rapid lateral flow test if they have symptoms. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test.

Ear infection

If your child has an ear infection (Link: <https://www.nhs.uk/conditions/ear-infections/>) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

Hand, foot and mouth disease

If your child has hand, foot and mouth disease (Link: www.nhs.uk/conditions/hand-foot-mouth-disease/) but seems well enough to go to school, there's no need to keep them off.

Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice.

You can treat head lice and nits (Link: www.nhs.uk/conditions/head-lice-and-nits/) without seeing a GP.

Impetigo

If your child has impetigo (Link: www.nhs.uk/conditions/impetigo/), they'll need treatment from a GP, often with antibiotics.

Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment.

Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

Ringworm

If your child has ringworm (Link: www.nhs.uk/conditions/ringworm/), see your pharmacist unless it's on their scalp, in which case you should see a GP.

It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has scarlet fever (Link: www.nhs.uk/conditions/scarlet-fever/), they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks.

Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome (Link: www.nhs.uk/conditions/slapped-cheek-syndrome/) because, once the rash appears, they're no longer infectious.

But let the school or teacher know if you think your child has slapped cheek syndrome.

Sore throat

You can still send your child to school if they have a sore throat (Link: <https://www.nhs.uk/conditions/sore-throat/>). But if they also have a high temperature, they should stay at home until it goes away.

A sore throat and a high temperature can be symptoms of tonsillitis (Link: www.nhs.uk/conditions/tonsillitis/).

Threadworms

You don't need to keep your child off school if they have threadworms (Link: www.nhs.uk/conditions/threadworms/).

Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with diarrhoea or vomiting (Link: www.nhs.uk/conditions/diarrhoea-and-vomiting/) should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

Data Protection

We collect information about your child relevant to their diagnosis and treatment. We store this on written records and on computer. We may share some of your information with other people and organisations. If you have any questions and/or do not want us to share that information, please talk to the person looking after your child.

More information about child vision screening:

www.bhamcommunity.nhs.uk/paediatric-eye-service

www.squintclinic.com

www.nhs.uk/childrens-eyes

Do you need this information in another language or format?

If you need this leaflet in an alternative language or format such as Braille or large print, or in a different language please contact us on **0800 917 2855**.

If you need to speak to us and need an interpreter, please call **0800 917 2855** saying your preferred language.

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**Birmingham
Community Healthcare**
NHS Foundation Trust

Paediatric Eye Service

Your child's eye
test in school

PROOF

The Specialist Eye Care service for children in South Birmingham



Paediatric Eye Service

Better Care: Healthier Communities

Vision Screening

The NHS recommends vision screening at age 4 to 5 years. We want to identify children with reduced vision in one or both eyes. The aim is to detect any problems early enough so that your child can receive effective treatment.

Reduced Vision

Children rarely complain of having poor vision and it can easily go unnoticed, especially if it only affects one eye. Reduced vision can have a huge impact on a child's learning and development. To achieve maximum vision, treatment needs to take place before 8 years of age.

Reduced vision is caused by the brain not receiving a clear image from one or both eyes. The sort of eye problems we identify at this age include long and short sightedness, astigmatism and lazy eye. Glasses and/or eye patches may be recommended as part of the treatment.

The screening test

Vision screening is carried out in your child's school. The Paediatric Eye Service have been testing children's eyes in South Birmingham schools for over 30 years and are trained to specifically detect problems that affect vision and the co-ordination of the eyes. We are especially experienced with children of all ages and abilities.

We will assess your child's vision using a letter matching test. The test is fun, non invasive and pain free. Your child does **not** need to know their letters

If you **do not** want your child tested please let us know as soon as possible on **0121 466 3551**.

Possible results

If screening suggests reduced vision, you will receive a letter confirming this and we will refer your child for further tests at one of 4 local community clinics; Hall Green HC, Northfield HC, Broadmeadow HC or Quinton Lane Care Centre.

An appointment will be send to you.

We will recommend the best treatment for your child.

If screening does not suggest reduced vision, you will receive a letter confirming this.

Your child's vision will change over time. If you are worried that your child is not seeing properly, you should arrange to see your GP, Optician or contact the Paediatric Eye Service on **0121 466 3551**.

If your child is absent, we can either test them in Year 1 or you can contact us on the above number and we will see them at your nearest clinic.

Paediatric Eye Service Clinics

Quinton Lane Care Centre Tel: 0121 466 3500

Hall Green Health Centre Tel: 0121 466 4800

Broadmeadow Health Centre Tel: 0121 466 4650

Northfield Health Centre Tel: 0121 466 6900

PROOF

My VOICE MATTERS

Place2Be's

CHILDREN'S
MENTAL HEALTH
WEEK

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, wherever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- 1 We don't need to have 'one-off' conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2 I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3 Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4 Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5 Don't compare my experiences to your own when you were a child.
- 6 Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7 Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8 If you are open with me about your feelings, this can help me to be more open about mine.
- 9 Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school – because they 'get it'.
- 10 Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

[For primary children: bit.ly/3Pz0G18](https://bit.ly/3Pz0G18)

[For secondary children: bit.ly/3L8D2wK](https://bit.ly/3L8D2wK)

CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...

TELL ME ABOUT
YOUR DAY

WHAT WAS THE BEST
THING ABOUT TODAY?

WHAT IS THE BIGGEST
STRESS / WORRY IN YOUR
LIFE RIGHT NOW?

WHAT'S YOUR
ONLINE LIFE LIKE?

WHO WOULD YOU TALK
TO IF YOU WERE FEELING
WORRIED ABOUT YOUR
MENTAL HEALTH?

WHAT CAN I DO
TO HELP YOU?

